

Crumbed Prawn Cutlets



Packed:	6 x 1kg (40/kg)
Size:	16/20
Code:	CRUM44
Inner Barcode:	9317562003419
Outer Barcode:	19317562003416

Description

- Butterfly prawn, tail on with a light gourmet crumb.
- Ideally suited for clubs, pubs, takeaways & Cafes.
- Cook from frozen.
- Portion control for convenience

Nutritional Information

Servings per package: 10

Serving size: 100gm

	Ave. Quantity per Serving	Ave. Quantity per 100g
Energy	1113kj	1113kj
Protein	6.7g	6.7g
Fat, total	15.4g	15.4g
– saturated	4.1g	4.1g
Carbohydrate	24.8g	24.8g
– sugars	1.7g	1.7g
Sodium	543mg	543mg

Cooking

Deep-fry from frozen at 180°C for 3-4 minutes.

Ingredients

Prawn (**crustacean**) 40%, **wheat** flour, **soyabean** oil, water, modified tapioca starch (E1420), corn starch, vegetable shortening (palm oil (non-hydrogenated)), modified corn starch (E1404), sugar, raising agents (E450, E500), yeast thickeners (E412), bread improver (corn starch, E170, E516, E300, alpha-amylase), acidity regulators (E451, E330), palm oil, spice (white pepper).

Allergen Advice

Contains : crustacean, wheat, gluten, soybean.

May be present : mollusc, fish, egg, milk, sesame, sulphites.